



SWIMMING

DAY	1	2	3	4	5	6	7
	Thursday 11/08/2022	Friday 12/08/2022	Saturday 13/08/2022	Sunday 14/08/2022	Monday 15/08/2022	Tuesday 16/08/2022	Wednesday 17/08/2022
RACE	MORNING 09.00 - 12.00	MORNING 09.00 - 12.00	MORNING 09.00 - 12.00	MORNING 09.00 - 12.00	MORNING 09.00 - 12.00	MORNING 09.00 - 11.15	MORNING 09.00 - 11.00
	Men 50m Butterfly Heats	Women 50m Butterfly Heats	Women 200m Freestyle Heats	Men 200m Freestyle Heats	Women 50m Freestyle Heats	Men 50m Freestyle Heats	Women 400m Freestyle Heats
	Women 100m Freestyle Heats	Men 100m Freestyle Heats	Men 100m Butterfly Heats	Women 100m Butterfly Heats	Men 50m Breaststroke Heats	Women 200m Butterfly Heats	Men 400m Freestyle Heats
	Men 400m Individual Medley Heats	Women 100m Breaststroke Heats	Women 50m Backstroke Heats	Men 50m Backstroke Heats	Women 100m Backstroke Heats	Men 100m Backstroke Heats	Women 4x100m Medley Relay Heats
	Women 200m Backstroke Heats	Men 200m Backstroke Heats	Men 200m Breaststroke Heats	Women 200m Breaststroke Heats	Men 200m Butterfly Heats	Women 50m Breaststroke Heats	Men 4x100m Medley Relay Heats
	Men 100m Breaststroke Heats	Mixed 4x100m Medley Relay Heats	Women 400m Individual Medley Heats	Men 4x100m Freestyle Relay Heats	Women 200m Individual Medley Heats	Men 200m Individual Medley Heats	EVENING 18.00 - 20.30
	Women 4x200m Freestyle Relay Heats	Men 800m Freestyle Heats	Women 4x100m Freestyle Relay Heats	Women 1500m Freestyle Heats	Mixed 4x100m Freestyle Relay Heats	Mixed 4x200m Freestyle Relay Heats	Men 50m Freestyle Final
	Men 4x200m Freestyle Relay Heats	EVENING 18.00 - 20.00	EVENING 18.00 - 20.30	EVENING 18.00 - 20.00	Men 1500m Freestyle Heats	EVENING 18.00 - 20.30	Women 50m Breaststroke Final
	Women 800m Freestyle Heats	Women 200m Backstroke Final	Women 200m Freestyle Semi-Finals	Men 100m Butterfly Final	EVENING 18.00 - 20.30	Men 200m Butterfly Final	Men 100m Backstroke Final
	EVENING 18.00 - 20.00	Men 50m Butterfly Final	Men 200m Backstroke Final	Women 50m Backstroke Final	Women 100m Butterfly Final	Women 50m Freestyle Final	Women 200m Butterfly Final
	Men 50m Butterfly Semi-Finals	Women 100m Freestyle Final	Women 50m Butterfly Final	Men 200m Freestyle Semi-Finals	Men 200m Freestyle Final	Men 50m Breaststroke Final	Men 50m Freestyle Medal Ceremony
	Women 100m Freestyle Semi-Finals	Men 100m Breaststroke Final	Men 100m Freestyle Final	Women 100m Butterfly Semi-Finals	Women 200m Breaststroke Final	Women 200m Individual Medley Final	Women 50m Breaststroke Medal Ceremony
	Men 400m Individual Medley Final	Women 100m Breaststroke Semi-Finals	Women 100m Breaststroke Final	Men 50m Backstroke Semi-Finals	Women 100m Backstroke Semi-Finals	Men 50m Freestyle Semi-Finals	Men 200m Individual Medley Final
	Women 200m Backstroke Semi-Finals	Men 100m Freestyle Semi-Finals	Men 100m Butterfly Semi-Finals	Women 200m Breaststroke Semi-Finals	Men 50m Breaststroke Semi-Finals	Women 50m Breaststroke Semi-Finals	Women 400m Freestyle Final
	Men 100m Breaststroke Semi-Finals	Women 50m Butterfly Semi-Finals	Men 200m Backstroke Medal Ceremony	Men 100m Butterfly Medal Ceremony	Men 200m Freestyle Medal Ceremony	Men 200m Butterfly Medal Ceremony	Men 400m Freestyle Final
	Men 400m Individual Medley Medal Ceremony	Men 200m Backstroke Semi-Finals	Women 50m Butterfly Medal Ceremony	Women 50m Backstroke Medal Ceremony	Women 200m Breaststroke Medal Ceremony	Women 50m Freestyle Medal Ceremony	Men 100m Backstroke Medal Ceremony
	Women 4x200m Freestyle Relay Final	Women 200m Backstroke Medal Ceremony	Women 50m Backstroke Semi-Finals	Men 200m Breaststroke Final	Women 50m Freestyle Semi-Finals	Men 1500m Freestyle Final	Women 200m Butterfly Medal Ceremony
	Men 4x200m Freestyle Relay Final	Men 50m Butterfly Medal Ceremony	Men 200m Breaststroke Semi-Finals	Women 200m Freestyle Final	Men 200m Butterfly Semi-Finals	Men 50m Breaststroke Medal Ceremony	Women 4x100m Medley Relay Final
	Women 4x200m Freestyle Relay Medal Ceremony	Women 100m Freestyle Medal Ceremony	Men 100m Freestyle Medal Ceremony	Men 4x100m Freestyle Relay Final	Women 200m Individual Medley Semi-Finals	Women 200m Individual Medley Medal Ceremony	Men 4x100m Medley Relay Final
	Men 4x200m Freestyle Relay Medal Ceremony	Men 100m Breaststroke Medal Ceremony	Women 100m Breaststroke Medal Ceremony	Men 200m Breaststroke Medal Ceremony	Women 100m Butterfly Medal Ceremony	Women 200m Butterfly Semi-Finals	Men 200m Individual Medley Medal Ceremony
		Women 800m Freestyle Final	Women 400m Individual Medley Final	Women 200m Freestyle Medal Ceremony	Men 50m Backstroke Final	Men 200m Individual Medley Semi-Finals	Women 400m Freestyle Medal Ceremony
		Mixed 4x100m Medley Relay Final	Men 800m Freestyle Final	Men 4x100m Freestyle Relay Medal Ceremony	Women 1500m Freestyle Final	Women 100m Backstroke Final	Men 400m Freestyle Medal Ceremony
		Women 800m Freestyle Medal Ceremony	Women 4x100m Freestyle Relay Final		Mixed 4x100m Freestyle Relay Final	Men 100m Backstroke Semi-Finals	Women 4x100m Medley Relay Medal Ceremony
		Mixed 4x100m Medley Relay Medal Ceremony	Women 400m Individual Medley Medal Ceremony		Men 50m Backstroke Medal Ceremony	Mixed 4x200m Freestyle Relay Final	Men 4x100m Medley Relay Medal Ceremony
		Men 800m Freestyle Medal Ceremony			Women 1500m Freestyle Medal Ceremony	Men 1500m Freestyle Medal Ceremony	
		Women 4x100m Freestyle Relay Medal Ceremony			Mixed 4x100m Freestyle Relay Medal Ceremony	Women 100m Backstroke Medal Ceremony	
						Mixed 4x200m Freestyle Relay Medal Ceremony	